

Hifz Weekly Tracker: Sabaq, Sabqi and Manzil



Student name: _____

Week starting: _____

Teacher: _____

Plan (circle): 3 a week / 5 a week / Hifz

Day	Sabaq (new): from page/line to page/line	Times read	Sabqi (recent): pages	Sabqi check (circle)	Manzil (old): juz and pages	Manzil check (circle)	Minutes practised	Initials
Monday				☐ Firm ☐ Small slips ☐ Weak		☐ Firm ☐ Small slips ☐ Weak		
Tuesday				☐ Firm ☐ Small slips ☐ Weak		☐ Firm ☐ Small slips ☐ Weak		
Wednesday				☐ Firm ☐ Small slips ☐ Weak		☐ Firm ☐ Small slips ☐ Weak		
Thursday				☐ Firm ☐ Small slips ☐ Weak		☐ Firm ☐ Small slips ☐ Weak		
Friday				☐ Firm ☐ Small slips ☐ Weak		☐ Firm ☐ Small slips ☐ Weak		
Saturday				☐ Firm ☐ Small slips ☐ Weak		☐ Firm ☐ Small slips ☐ Weak		
Sunday				☐ Firm ☐ Small slips ☐ Weak		☐ Firm ☐ Small slips ☐ Weak		
				☐ Firm ☐ Small slips ☐ Weak		☐ Firm ☐ Small slips ☐ Weak		

Weak pages this week

Page	What went wrong	Fixed on

If any page is Weak: no new sabaq until it is Firm again.

Initials: teacher or parent. Times read: tick one box each time the new lines are read in full.

Manzil Rotation Grid: Juz 1 to 30

Student name: _____ Year: _____

After Hifz, many students revise about 1 juz a day, so the whole Quran each month. Write the date in a box each time a full juz is revised.

Juz	Memorized on	1	2	3	4	5	6	7	8	9	10	11	12	Notes
1														
2														
3														
4														
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Hifz Monthly Summary



Student name: _____ Month: _____

Teacher: _____

Week	New pages learned	Pages revised	Weak pages fixed	Teacher comment
Week 1				
Week 2				
Week 3				
Week 4				
Week 5				

Parent signature: _____ Date: _____